

Michigan Physician Orders for Scope of Treatment (MI-POST) - Educational Opportunities

According to www.acpmich.org website, "Public Act 154 was signed by Michigan's Governor in November 2017. This law establishes the use of Physician Orders for Scope of Treatment in Michigan.

MI-POST

A medical order designed to improve end-of-life care by converting patients' treatment decisions into medical orders that are transferable throughout the healthcare system.

- Is a standard of care for communicating the scope of treatment decisions
- For frail elders or others whose death in the next 12 months would not be surprising.
- Is always voluntary
- Form follows the patient

MI-POST Goals:

- To create a specific written plan to document medical treatment decisions and ensure they are honored by healthcare providers throughout the continuum of care.
- Discussions are focused on assisting the individual, or the designated Patient Representative, in making the following healthcare decisions:
 - CPR
 - goals of care for cardiopulmonary failure, including hospitalization
 - artificial nutrition and hydration
 - comfort care options
 - other types of treatment desired

MI-POST and Advance Directives:

MI-POST and Advance Directives serve different purposes. According to the newly established law, an appropriately executed MI-POST form, as a medical order, stands over the hypothetical advance directive document when it comes to medical treatment decisions. The purpose of an advance directive is to:

- Name a Patient Advocate, to communicate the individual's treatment decisions in the event he/she cannot. This is the legal portion of the document, called the Designation of Patient Advocate form.
- Communicate to the Patient Advocate wishes for future healthcare and other related wishes, in a non-legally binding portion referred to as a living will portion.
- An activated Patient Advocate, as a legal decision-maker, can communicate medical decisions that result in the completion of a MI-POST or changes to an existing MI-POST.

The Michigan Department of Health and Human Services is currently working with an advisory committee to finalize the MI-POST form and recommended rules to its use. The form is not yet readily available across the state.

Resources to learn about MI-POST:

The Michigan Care Management Resource Center (MiCMRC) hosted an educational webinar on June 13, 2018 titled "Michigan Physicians for Order Scope of Treatment (MI-POST) 101". To view the recorded webinar, click here: <http://micmrc.org/webinars>

Upcoming Webinar: "Conversations for MI-POST", October 31, 2018 2pm-3pm

Presenter: Kate LeBeau, RN, Advance Care Planning Program Manager, Upper Peninsula Health Plan

Registration: <http://micmrc.org/webinars>

For further information on MI-POST refer to www.acpmich.org

UPCOMING EVENTS



VIEW OUR
UPCOMING
COURSES

Click on the dates below to register for MiCMRC Complex Care Management Courses:

[October 15-18, 2018, Dimondale](#)

[November 12-15, 2018, Lansing](#)

[December 10-13, 2018, Lansing](#)

Title: Pediatric Office Hours: Addressing Adolescent Obesity

Date and Time: Thursday, September 13th 12-1 pm

Presenter: Jane Turner, MD, FAAP
Professor Health Programs, Pediatrics and Human Development, Michigan State University
Register [HERE](#)

Title: What is this Psych Med for? And More

Date and Time: Wednesday, September 26th 2-3 pm

Presenter: Patricia Ryan, MD
Behavioral Health Collaborative Care, Medical Director and Consulting Psychiatrist
Integrated Health Associates
Register [HERE](#).

To view additional upcoming webinars see page 2

The Michigan Care Management Resource Center supports ambulatory practices statewide to implement and build upon Patient-Centered Medical Home (PCMH) and PCMH Neighborhood (PCMH-N) capabilities related to care management, population management, self-management support, and care coordination. MiCMRC provides foundational and longitudinal curriculum, tools and resources to assist practices with developing a sustainable, evidence-based clinical model for care management activities. Support for the Michigan Care Management Resource Center is provided by Blue Cross® Blue Shield® of Michigan as part of the BlueCross Value Partnerships program. Michigan Care Management Resource Center is not affiliated with or related to Blue Cross Blue Shield of Michigan nor Blue Cross Blue Shield Association.



Nursing, Social Work, and CCMC continuing education opportunities. For more information visit www.micmrc.org/continuing-ed

MiCMRC Questions? For questions please [Contact Us](#)

Share Your Success Stories

Submitting your success story is as easy as clicking on the following link:

[Share Your Success Story](#)

For help submitting your success story contact us at <http://www.micmrc.org/contact-us>

MiCMRC – Looking for Your **Feedback!**

The Michigan Care Management Resource Center team is seeking your feedback regarding the MiCMRC website www.micmrc.org!

A new user friendly feature of the website makes it quick to share feedback. Please let us know about your experience using the website, including enhancement ideas. To provide feedback simply log into your Dashboard and look for the “Website Feedback” link located on the left hand side of every webpage.

For general feedback or questions please send to the MiCMRC Team mailbox: micmrc-requests@med.umich.edu



MiCMRC 2018 CARE MANAGEMENT EDUCATIONAL WEBINARS

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Presenter: Patricia Ryan, MD

Behavioral Health Collaborative Care, Medical Director and Consulting Psychiatrist Integrated Health Associates

Register [HERE](#)

Title: Conversations for Michigan Physician Orders for Scope of Treatment (MI-POST)

Date and Time: Wednesday, October 31st 2-3 pm

Presenter: Kate LeBeau, RN

Advance Care Planning Program Manager, Upper Peninsula Health Plan

"This continuing nursing education activity was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)"

"Michigan Care Management Resource Center is an approved provider with the Michigan Social Work Continuing Education Collaborative". Approved Provider Number: MICEC 110216

This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for 1 CE contact hour(s). Activity code: I00032995 Approval Number: 180002679 To claim these CEs, log into your CCMC Dashboard at www.ccmcertification.org

Register [HERE](#)

For questions, please submit to micmrc-requests@med.umich.edu

Pediatric Office Hours: Save the Date for September 13th

The third in our series of Pediatric Office Hours sessions is scheduled in September! This session is specifically designed for Pediatric practices, but all are welcome. Please bring your questions.

Date/Time: Wednesday, September 13th 12pm-1pm

Topic: Addressing Adolescent Obesity

Presenters: Jane Turner, MD, FAAP

Professor Health Programs, Pediatrics and Human Development, Michigan State University

Register [HERE](#)

This presentation is supported by Funding Opportunity Number CMS-1G1-14-001 from the U.S. Department of Health and Human Services (HHS), Centers for Medicare and Medicaid Services. The content provided is solely the responsibility of the authors and does not necessarily represent the official views of HHS or any of its agencies.

The Pediatric Office Hours is open to all.

“Preventing Obesity and Eating Disorders in Adolescents”

The September Pediatric Office Hours will feature a presentation by Jane Turner, MD, on the topic of Addressing Adolescent Obesity. Prior to this webinar, Dr. Turner thought a review of a recent American Academy of Pediatrics (AAP) Clinical Report would be helpful to participants.¹

The prevalence of childhood obesity has increased dramatically over the past few decades in the United States, and obesity during adolescence is associated with significant medical morbidity during adulthood.² Additionally, psychosocial morbidities associated with childhood obesity, such as depression, poor self-esteem, and poor quality of life, are of significant concern.³

The aim of this clinical report is to address the interaction between obesity prevention and eating disorders (EDs) in teenagers and to stress that obesity prevention does not promote the development of EDs in adolescents.¹ While most adolescents who develop an ED were not previously overweight, it is not unusual for an ED to begin with a teenager misinterpreting messages to “eat healthy”.⁴ The authors suggest an integrated approach to the prevention of obesity and EDs focusing less on weight and more on healthy family-based lifestyle modification that can be sustained. For example, adolescents who were more satisfied with their bodies were more likely to report parental and peer attitudes that encouraged healthful eating and exercising to be fit, rather than dieting.⁵

An integrated approach to addressing weight-related issues may also include Motivational Interviewing (MI). Although there have been fewer studies on the use of MI in children and adolescents than there have been in adults with obesity, studies to date on the use of MI for patients with EDs and for children and adolescents with obesity have been promising.⁶ Avoiding certain weight-based language and using MI techniques may improve communication and promote successful outcomes when addressing weight-management.⁷

To conclude, when the focus is on a healthy lifestyle rather than weight, the evidence suggests that obesity prevention and treatment, if conducted correctly, do not predispose to EDs.¹

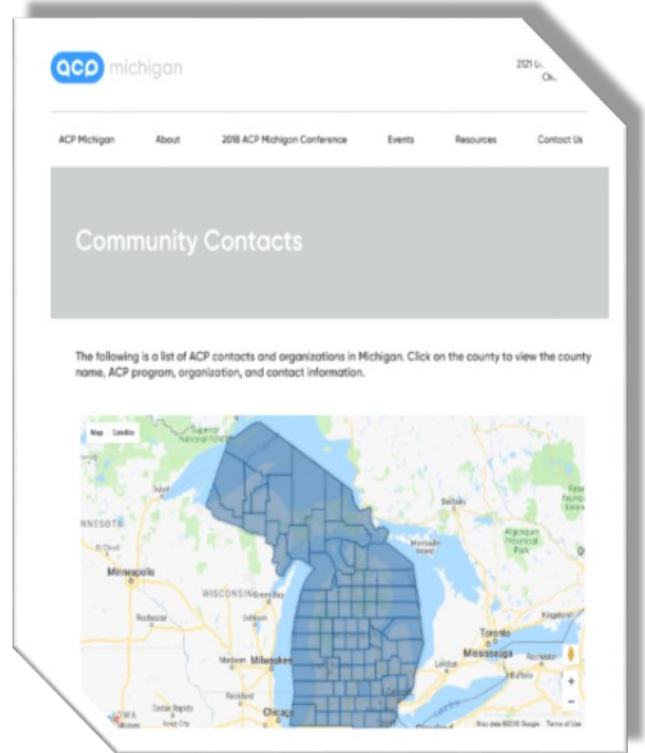
The full article may be accessed on the micmrc.org website by clicking [here](#)

References

1. Golden NH, Schneider M, Wood C, AAP COMMITTEE ON NUTRITION. Preventing Obesity and Eating Disorders in Adolescents. *Pediatrics*. 2016;138(3):e20161649
2. Inge TH, King WC, Jenkins TM, et al. The effect of obesity in adolescence on adult health status. *Pediatrics*. 2013;132(6):1098-1104
3. Strauss RS, Pollack HA. Social marginalization of overweight children. *Arch Pediatr Adolesc Med*. 2003;157(8):746-752
4. Lebow J, Sim LA, Kransdorf LN. Prevalence of a history of overweight and obesity in adolescents with restrictive eating disorders. *J Adolesc Health*. 2015;56(1):19-24
5. Kelly AM, Wall M, Eisenberg ME, Story M, Neumark-Sztainer D. Adolescent girls with high body satisfaction: who are they and what can they teach us? *J Adolesc Health*. 2005;37(5):391-396
6. Resnicow K, McMaster F, Bocian A, et al. Motivational interviewing and dietary counseling for obesity in primary care: an RCT. *Pediatrics*. 2015;135(4):649-657
7. Puhl RM, Peterson JL, Luedicke J. Parental perceptions of weight terminology that providers use with youth. *Pediatrics*. 2011;128(4). Available at: www.pediatrics.org/cgi/content/full/128/4/e786

ACP Michigan

A network of individuals and organizations working to provide and grow advance care planning services in their communities. ACP Michigan provides education and resources to support those working on ACP in their organizations and communities, including a listing of community and state-wide events and the ACP Michigan annual conference. In addition, ACP Michigan provides a list of ACP contacts and organizations in Michigan. Click on the county to reveal the county name, ACP program, organization, and contact information. For more information, [Click Here](#)



MiCMRC Approved Self-Management Support Courses and Resources [Update](#)

To access the list of the MiCMRC approved Self-Management Support courses, [click here](#). The list of MiCMRC approved Self-Management Support Courses provides a detailed summary of each course, with associated objectives, location, cost and more.

Additionally, MiCMRC has collected resources for Self-Management Support including: websites of interest, publications, tools, videos, and even patient materials. MiCMRC's "Self-Management Support Tools and Resources" document offers an at a glance list and summary of these resources, along with descriptions and website links for quick access. For "Self-Management Support Tools and Resources" [click here](#).

Both of these documents can also be accessed on the MiCMRC website home page <http://micmrc.org/>

MiCMRC Complex Care Management Course Registration

The MiCMRC Complex Care Management (CCM) course is designed to prepare the healthcare professional for the role of Complex Care Manager. Course content is applicable to all Care Managers in the ambulatory care setting, working with complex patients. For CCM Course details [click here](#)

Upcoming CCM course dates and course registration:

October 15-18 | Dimondale | [REGISTER HERE](#) | Registration deadline: October 11, 2018

November 12-15 | Lansing | [REGISTER HERE](#) | Registration deadline: November 8, 2018

December 10-13 | Lansing | [REGISTER HERE](#) | Registration deadline: December 6, 2018

NOTES: If you have 15 or more Care Managers in your area and would like the MiCMRC team to provide a regional training at your location please submit your request to: micmrc-ccm-course@med.umich.edu

For questions please contact : micmrc-ccm-course@med.umich.edu

Provider Delivered Care Management (PDCM)
Blue Distinction Total Care (BDTC)
High Intensity Care Model (HICM)

Monthly Billing Q & A Sessions

On a monthly basis, Blue Cross Blue Shield of Michigan will conduct a question and answer session via WebEx relating to questions you may have after you've completed the online Billing/Coding course regarding these programs. They are scheduled for the first Thursday of each month from 12:00 – 1:00 for 2018. Below is the 2018 scheduled question and answer sessions.

Please do not ask specific questions about claims. If you have an issue, you should contact your provider consultant for assistance or you can submit an inquiry to valuepartnerships@bcbsm.com. For additional billing resources visit <http://micmrc.org/training/care-management-billing-resources>

Below are the dates and WebEx information to join the conference call.

Barbara Brady invites you to an online meeting using WebEx.

To join this meeting (Now from mobile devices!)

1. Go to <https://bcbsm.webex.com/bcbsm/j.php?MTID=m4b96f6a21bf31261e0162488e206e731>
2. If requested, enter your name and email address.
3. If a password is required, enter the meeting password: pgip
4. Click "Join".
5. Follow the instructions that appear on your screen.

Teleconference information

1. Please call one of the following numbers:
Toll-Free: 1-800-4625837
Local: 1-313-2254000
2. Follow the instructions that you hear on the phone.
Your Cisco Unified MeetingPlace meeting ID: 735 921 157

To join this meeting from bcbsm.webex.com

Meeting Number: 735 921 157
Meeting Password: pgip
<https://www.webex.com>

September 6th
October 4th
November 1st
December 6th