

Evidence-based SCREENING TOOLS

Mental Health – Webinar
March 15, 2013

ADOLESCENT BI-POLAR DISORDER:

http://www.aacap.org/cs/root/facts_for_families/bipolar_disorder_in_children_and_teens

The diagnosis of Bipolar Disorder in children and teens is complex and involves careful observation over an extended period of time. A thorough evaluation by a child and adolescent psychiatrist identify Bipolar Disorder and start treatment.

ADOLESCENT RISK BEHAVIOR SCREENING TOOLS:

Different tools based on age. Pull appropriate tool from this website:

<http://www.ama-assn.org/ama/pub/physician-resources/public-health/promoting-healthy-lifestyles/adolescent-health/guidelines-adolescent-preventive-services.page>

ANXIETY:

SCARED Tools & Scoring Guides:

Child: <http://depts.washington.edu/dbpeds/Screening%20Tools/ScaredChild-final.pdf>

Parent: <http://depts.washington.edu/dbpeds/Screening%20Tools/ScaredParent-final.pdf>

CONCLUSION: The SCARED-71 can be used as a screening tool to detect clinically significant anxiety problems in children and adolescents and discriminates reasonably well among specific anxiety disorders. Per: [US National Library of Medicine National Institutes of Health](http://www.nlm.nih.gov/medlineplus/ency/article/001911.htm)

ADHD:

NICHQ: Vanderbilt Assessments (Initial & Follow-up forms)

Need both *Parent & Teacher forms completed*

http://www.psychiatry24x7.com/bgdisplay.jhtml?itemname=adhd_toolkit

FYI: [Attention-Deficit Hyperactivity Disorder](http://www.nlm.nih.gov/medlineplus/ency/article/001911.htm) (all are ADHD (no ADD any longer), difference is whether there is hyperactivity and/or inattentiveness.)

- 314.01 Combined subtype
- 314.01 [Predominantly hyperactive-impulsive subtype](#)
- 314.00 [Predominantly inattentive subtype](#)
- 314.9 Attention-Deficit Hyperactivity Disorder NOS

EATING DISORDERS:

Diagnosis of Eating Disorders in Primary Care article with levels of care guidelines:

<http://www.aafp.org/afp/2003/0115/p297.html>

Understanding the EAT-26 test and it's usefulness: <http://www.eat-26.com/>

**EAT-26 is ONLY a screening tool. It is not intended to provide an accurate diagnosis. There may be a serious eating disorder not picked up on this screening tool. Therefore, even if you receive a negative screen, if you have suspicions, make a referral.

Self test – may print:

<http://www.psychsupport.com.au/bundles/gppsui/assets/EAT26Test.pdf>

AUTISM:

Toddlers: M-CHAT form is used

***American Academy of Pediatrics recommends all children be screened for Autism at 18 and 24 months of age.

Different forms for different ages, criteria, guidelines, scoring:

<http://www.medicalhomeportal.org/diagnoses-and-conditions/autism-spectrum-disorders/ongoing-assessment>

ASPERGER'S:

Tool: <http://www.anst.uu.se/abduahma/Saxlemxane/Instruments/CAST/CAST.pdf>

Childhood Asperger Syndrome Test (CAST) Scoring:

- The CAST is a 37-item parent-rating scale of behavioral indicators of Asperger's Disorder scored as either present or absent
- Of the 37 items on the CAST, 31 are summed to yield an overall score with 6 items sampling general development, which do not contribute to the total CAST score.
 - Authors report that a CAST cut-off score of **15 or greater indicates** the need for further evaluation for Asperger's Disorder.

*Required referrals for ASD's:

<http://www.ncbi.nlm.nih.gov/books/NBK92984/>

BULLYING:

A variety of tools and scoring guidelines, including facts and resources:

<http://www.cdc.gov/ViolencePrevention/pdf/BullyCompendium-a.pdf>

DEPRESSION:

PHQ-9: <http://www.emoryhealthcare.org/heart-disease-prevention/pdfs/phq-9-form.pdf>

Primary Care Resource link:

<http://www.depression-primarycare.org/clinicians/toolkits/materials/forms/phq9/>

ODD: (Oppositional Defiant Disorder)

SDQ's for various ages: [http://www.sdqinfo.com/py/sdqinfo/b3.py?language=Englishqz\(Austral\)](http://www.sdqinfo.com/py/sdqinfo/b3.py?language=Englishqz(Austral))

Click on age appropriate form, scoring guides on same site.

SUBSTANCE ABUSE:

CRAFFT tool (This is a screen for adolescent {14 yrs old and older} substance abuse meaning: Car, Relax, Alone, Forget, Friends, Trouble): http://www.ceasar.org/CRAFFT/pdf/CRAFFT_English.pdf

SUICIDE:

May use the PHQ-9 (for depression) or the ASAP-20 (Adolescent Suicide Assessment Protocol) Tool
<http://www.google.com/url?sa=t&rct=j&q=&esrc=s&frm=1&source=web&cd=1&ved=0CDIQFjAA&url=http%3A%2F%2Fwvde.state.wv.us%2F counselors%2Fworkshops%2F2008-Fall-Counselors-Workshop%2FASAP-20.dot&ei=24BAUezoM8XfyAGOxoDIDw&usq=AFQjCNG80zoKGJI0HrPrLt7QWYJanrPI8Q&sig2=TJlq-lv5X6bSvKfzkzPr9g>

See GAPS Adolescent Screening Algorithm on next page:

GAPS (Algorithm):

Steps for preventive screening and health promotion

