

Public Health Interventions and Resources for Diabetes

Dawn Crane, MS, ACNS-BC, CDE

Michigan's Diabetes Burden and MDCH's Role

- About 10% of Michigan residents have diabetes
- Approximately one million Michiganders
- Roughly 90% type 2, 5% type 1, gestational and other
- The Michigan Department of Community Health (MDCH) Diabetes Prevention and Control Program mission:
To establish and implement prevention strategies to reduce the morbidity and mortality due to diabetes and its complications among Michigan residents.

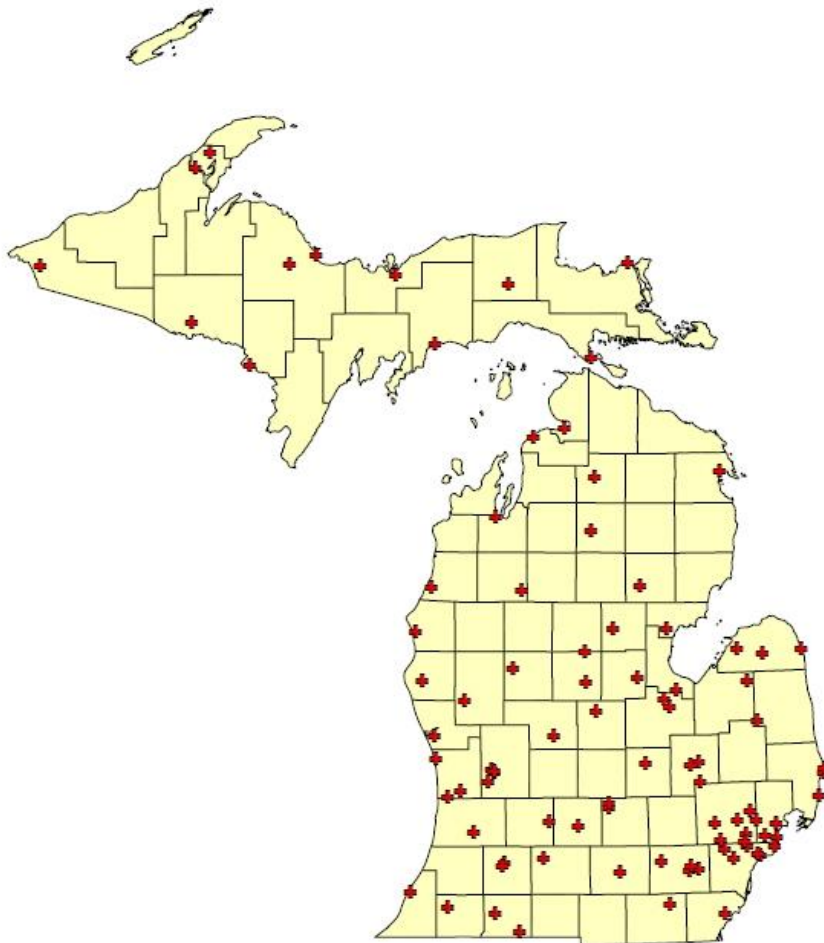
Diabetes Self-Management Education Certification Program

- 91 hospital based programs
- Evidence-based
- National Standards for quality
- Reimbursement for Medicaid in Michigan
- ADA or AADE for Medicare and third party payers

Why DSME?

- Individualized
- Quality by Standards and certification/accreditation
- Certified Diabetes Educators
- Expansion sites available

Diabetes Self-Management Training Programs, State-Certified for Medicaid Reimbursement



✚ DSMT program location

There are 91 programs that have received State-certification for Medicaid reimbursement.

www.dpacmi.org/michigan-diabetes-education

Contact:
craned@michigan.gov

Prediabetes in Michigan

- Estimated at over 2.6 million adults
- 1 in every 3 adults
- Only 6.4% of Michigan adults told they have prediabetes (disconnect)
- If trend continues, 1/3 adults will have diabetes by 2050 (CDC, 2011)

National Diabetes Prevention Program

- Evidence-based group programs in the community
- Yearlong
- Lifestyle changes:
 - lose 5-7% of body weight
 - 150 minutes/week moderate physical activity
- Weekly sessions x 16 (Core), Monthly sessions x6 (Post-core)

National Diabetes Prevention Program (NDPP)



Locations in Michigan

www.dpacmi.org/national-diabetes-prevention-program-in-michigan

Contact:
pierk@michigan.gov

Diabetes PATH (Stanford DSMP)

- Six sessions, each 2 ½ hours long
- Facilitated by co-leaders who have been trained
- Focus on problem-solving and creating self-management action plans
- Evidence-based
- Not intended as medical care or advice

Partners on the PATH

- Seven regions in Michigan
- More than 50 agencies in Michigan
- People with chronic diseases, caregivers
- www.mihealthyprograms.org (Michigan)
- www.patienteducation.stanford.edu/programs/diabetes
(Diabetes specific)


MDCH - Primary Care & Public Health - Windows Internet Explorer

http://w3.michigan.gov/mdch/0,461

File Edit View Favorites Tools Help x Convert Select

Favorites Yahoo! Suggested Si... Get more Ad... Printing Google

MDCH - Primary Care & Publ... Page Safety Tools



MICHIGAN.GOV Michigan's Official Website

Michigan.gov Home MDCH Home Sitemap Contact MDCH Search

Printer Friendly A- A+ Text Size Share

Welcome to the Primary Care and Public Health Web Page

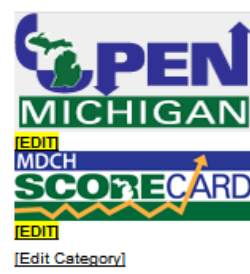
[Purpose](#) [edit]

The purpose of this web site is to support the growing partnership between public health and primary care. Public health focuses on offering a broad array of services across communities and populations that collectively will help people to be healthy. Primary care focuses on providing medical services to patients with acute, preventative and/or chronic conditions. Together we share a goal of promoting the health and well-being of all people

[Michigan Primary Care Transformation \(MiPCT\)](#)

A specific aim of the information found here is to **assist Michigan Primary Care Transformation (MiPCT) care teams** in identifying and obtaining information and resources that help them address patient needs and reach MiPCT indicator targets. Links to information below includes **Programs (Organized by Condition), Self-Management Education for Patients - helping patients manage multiple chronic conditions** and **Other Programs and Resources**

[add new](#)



[Edit Category]

Trusted sites 100%

www.michigan.gov/primarycare

For more information:

MDCH Diabetes Contact:

- Dawn Crane, RN, MS, ACNS-BC, CDE
- Michigan Department of Community Health
- E-mail: craned@michigan.gov
- Phone: 517.335.9504

MDCH MiPCT Contact:

- Dana Watt, RN, MSN
- Michigan Department of Community Health
- E-Mail: WattD@michigan.gov
- Phone: 517.373.4246