

Michigan Care Management Resource Center Approved Self-Management Training Programs

Self-Management Program Title, Contact	Workshop Objectives	Content outline	Resources/tools	Modality (face to face, webinar, etc.)	For Each workshop: Duration & frequency if series of training sessions	Location	Frequency workshop is offered per year	Trainer qualification	Certification/CES	CES	Statewide or Regional	Cost per participant
<p><i>Care Management 101: Self-Management Training for Primary and Specialty Care Offices</i> Contact: Lynn M. Klima MSN, RN, FNP, BC Email: Lklima0514@gmail.com; Phone: 734-218-3254 http://www.cure-michigan.com/ Registration Link: https://attendeegototraining.com/8f8b3/catalog/4705088810865929984</p>	<p>Care Management 101 is a comprehensive series for care managers and PCMH medical home team members who want to incorporate self-management support in their medical home functions.</p> <p>Attendees learn interventions that support both complex and moderately complex patients throughout their continuum of health and illness.</p> <p>This training is provided by experienced care managers who can assist you with the practical application of SM and MI tools in your current practice.</p>	<p>The curriculum includes:</p> <ul style="list-style-type: none"> Chronic Care Management—preparing patients along the continuum of illness Identifying patients who will benefit from Care Management Understanding barriers that limit the patient's ability to participate Patient Engagement/Motivational Interviewing -- moving from non-adherence to participation Helping patients navigate health care transitions Assessing Health Literacy and Cultural Competency Care Mapping to standardize your workflow and maximize your time 	<p>Toolkit Reference materials Care Maps 1:1 coaching Lunch and Learn sessions post training are offered.</p> <p>Following training, each attendee is offered consultation sessions to support skill building around the five- step process and integration of self-management into practice.</p>	<p>Blended sessions include 8 - 10 hours In person direct instructor/student component, Live webinar, Self-study on line modules.</p> <p>Participants complete a combination of training hours through a blend of self-paced learning modules and interactive capstone sessions that incorporate case studies of common patient types into the 5 step CM process.</p>	<p>Total hours to complete program: 12 hours.</p>	<p>On site by request, generally the Ann Arbor area.</p>	<p>Individualized training dates available by request.</p> <p>In process of being updated, check back to website.</p>	<p>Provided by seasoned care managers (NP, RN, CDE, MSW) trained by Geisinger Health</p>	<p>Yes, at program completion</p>	<p>Approved for 10 continuing education hours for Michigan Nurse relicensure</p>	<p>Both</p>	<p>450 per person; group discount available, contact Lynn Klima</p>
<p>Michigan Center for Clinical Systems Improvement (MI-CCSI) <i>Care Management: Team-Based Care Optimizing the Role of the Care Manager</i> Training dates, registration and more information at: www.miccsi.org/training/upcoming-events/ Contact: Amy Wales at amy.wales@miccsi.org Phone: 616-551-0795 ext. 11</p>	<ul style="list-style-type: none"> Care Management Process based on nationally recognized standards as outlined in the Commission for Case Management and Case Management Society of America standards. Self-Management Action Plan & Care Plan Development—Review and practice action plan and care plan components, case study & examples Transitions of Care—Case study review & application of case management process Effective Communication—Review, practice and discuss effective team communication strategies and strategies for effective patient communication Introduction to Motivational Interviewing—Provide understanding and practice of MI processes and skills, and discuss strategies for continued learning Clinical Workflows—Provide an overview of workflow value and use pertaining to provider delivered care management. Care Manager Simulation Experience—Practical application of patient communication, motivational interviewing skills and developing self-management action plans. Gaining awareness of strengths, opportunities, and identifying continued growth/development needs 	<p>See Workshop Objectives</p>	<ul style="list-style-type: none"> Care Manager Simulation Center Care Plan & Self-Management Action Plan Examples CM Process Checklists Scripting Examples Community resource examples Videos Interactive/hands-on activities/skills development Care Manager Manual & Toolkit Care coordination strategies Relapse Prevention Strategies 	<p>In person, and self-study online modules</p>	<p>22 Hours (including self-study and on-site training)</p>	<p>Grand Rapids or other statewide location with at least 20 attendees.</p>	<p>Offering monthly sessions in 2018. Additional dates available if at least 20 attendees.</p> <p>View dates & register at our website: www.miccsi.org/training/upcoming-events/</p> <p>Contact Amy for more details or information</p>	<p>Master trainer that is CCM certified and has vast experience in care management, care manager supervision and care manager training. Other trainers are experienced care managers, and care manager supervisors</p>	<ul style="list-style-type: none"> Certificates of Completion Nurses: Michigan Board of Nursing CCM Nurses: Commission for Case Manager Certification Social Workers: Michigan Social Work Continuing Education Collaborative Medical Assistants: Registered or certified medical assistants can submit a copy of the agenda and certificate of completion to certifying body. 	<ul style="list-style-type: none"> This continuing nursing education activity was approved for a total of 10.5 contact hours by the Michigan Nurses Association, an approver of continuing nursing education by the Michigan Board of Nursing. This program has been approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers (CCMs). The course is approved for 14 contact hours. This course is approved by the Michigan Social Work Continuing Education Collaborative. The course is approved for 13 contact hours. Course Approval No.: 032017-03 	<p>West Michigan; will travel to other locations if at least 20 attendees</p>	<p>*Variable: Member/Non-member organization rates.</p> <p>SIM CC and CM Participants who have not previously been trained – SIM PCMH Initiative will cover the cost of the course. (see details 2018 SIM Participation Guide)</p> <p>More information may be found at: www.miccsi.org/training/upcoming-events/ or call Amy Wales at 616-551-0795 ext. 11 for more details.</p>

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Care Coordination and Care Management Training, Practice Transformation Institute, http://www.transformcoach.org/care-manager-training/ Contact: Yang Yang email: yyang@transformcoach.org Phone: 248-475-4839	Topics covered in the workshop. • Introduction to Care Management • Communication and Team Building • Shared Decision Making • Flinders Model • Motivational Interviewing • Health Coaching • Health Literacy and Cultural Competency • Evidence Based Guidelines • Transitions in Care • Working and Thriving in a Patient Centered Medical Home	Practice Transformation Institute is offering classes designed to educate health care professionals in the specifics of primary care management. The purpose of the course is to provide health care team members with a general knowledge base and skill set for developing moderate care management processes to help provide care management and coordination to adult and pediatric patients with mild to moderate illness, with the ultimate goals being to control and minimize the risks associated with chronic conditions while helping prevent the development of chronic conditions in at-risk patients.	Participant Guide Prereading, assignments, various resources/tools to enhance care manager delivery	The training will be a blend of eight (8) on-demand courses and two (2) onsite training days. All on-demand courses must be completed two weeks after onsite training.	On-demand courses has 8 sessions and 2 days of onsite training. This course has total of 20 contact hours for IACET and continuing nursing education.	Country Creek Medical Building, Larger Conference Room 4986 North Adams Road, Rochester, MI. PTI can bring this workshop to your location.	This workshop is offered multiple times a year. Please contact Yang Yang for more information. yyang@transformcoach.org or 248-475-4839	Students will have the opportunity to learn from many instructors with different backgrounds. Instructors will have one or more of the following: PhD, RN, CCM, RN, MSW, MSN, PharmD	Practice Transformation Institute is authorized by IACET to offer 2.0 CEUs for this program. "Care Coordination and Care Management Training" is approved for 20 contact hours by the Michigan Nurses Association, an approver of continuing nursing education by the Michigan Board of Nursing.	"Care Coordination and Care Management Training" is approved for 20 contact hours by the Michigan Nurses Association, an approver of continuing nursing education by the Michigan Board of Nursing.	Statewide	* Variable: SIM CC and CM Participants who have not previously been trained – SIM PCMH Initiative will cover the cost of the course. [see details 2018 SIM Participation Guide] \$ 500
Integrated Health Partners Self-management Support Training Contact: Emily Moe; e-mail: moe@integratedhealthpartners.net Phone: 269-425-7138	This 12-hour training includes an intensive overview of the theory, principles and skills of the chronic care model, motivational interviewing, and brief action planning. Participant's competency will be evaluated by the trainer using an MI coding tool, brief action planning algorithm and trainer feedback.	1. Participant will describe the components of the Chronic Care Model 2. Participant will describe/demonstrate the spirit/style and key principles of motivational interviewing 3. Participant will demonstrate use of basic MI skills 4. Participant will effectively identify change talk 5. Participant will demonstrate effective ways of dealing with resistance 6. Participant will demonstrate giving education/advice in the spirit of MI 7. Participant will demonstrate use of principles for brief action planning	Learning activities include demonstrations, video examples, case studies, role plays and significant participant practice with feedback from the trainer.	Face-to-face	Total 12 hours of face-to-face training; will accommodate length of modules from 2 hours to 12 hours	Integrated Health Partners or at site as requested if sufficient participants	12 sessions currently scheduled for 2018; open enrollment; course will be held with enough participants enrolled	1. Certified Health Coach with day-to-day experience using Motivational Interviewing; 2. MBA with 20 years of experience facilitating training. Both trainers to be MINT trained in May 2018	Certificate of completion; will apply for continuing education credits	Will apply for continuing education credits	Both	* Variable Free for IHP members; \$350 per participant for on-site at IHP office; at requested off-site to be negotiated SIM CC and CM Participants who have not previously been trained – SIM PCMH Initiative will cover the cost of the course. [see details 2018 SIM Participation Guide]