

Michigan Care Management Resource Center Approved Self-Management Training Programs

Self-Management Program Title, Contact	Workshop Objectives	Content outline	Resources/tools	Modality (face to face, webinar, etc.)	For Each workshop: Duration & frequency if series of training sessions	Location	Frequency workshop is offered per year	Trainer qualification	Certification/CES	CES	Statewide or Regional	Cost per participant
<p>Michigan Center for Clinical Systems Improvement (Mi-CCSI)</p> <p><i>Introduction of Team-Based Care & Optimizing the Impact of the Roles of Care Managers & Coordinators</i></p> <p>Training dates, registration and more information at: www.miccsi.org/training/upcoming-events/</p> <p>Contact: Amy Wales at amy.wales@miccsi.org Phone: 616-551-0795 ext. 11</p>	<ul style="list-style-type: none"> Care Management Process based on nationally recognized standards as outlined in the Commission for Case Management and Case Management Society of America standards. Self-Management Action Plan & Care Plan Development – Review and practice action plan and care plan components, case study & examples Transitions of Care – Case study review & application of case management process Effective Communication – Review, practice and discuss effective team communication strategies and strategies for effective patient communication Introduction to Motivational Interviewing – Provide understanding and practice of MI processes and skills, and discuss strategies for continued learning Clinical Workflows – Provide an overview of workflow value and use pertaining to provider delivered care management. Care Manager Simulation Experience – Practical application of patient communication, motivational interviewing skills and developing self-management action plans. Gaining awareness of strengths, opportunities, and identifying continued growth/development needs 	See Workshop Objectives	<ul style="list-style-type: none"> Care Manager Simulation Center Care Plan & Self-Management Action Plan Examples CM Process Checklists Scripting Examples Community resource examples Videos Interactive/hands-on activities/skills development Care Manager Manual & Toolkit Care coordination strategies Relapse prevention strategies 	In person, and self-study online modules	22 Hours (including self-study and on-site training)	Grand Rapids or other statewide location with at least 15 attendees.	<p>Offering monthly sessions in 2018. Additional dates available if at least 15 attendees.</p> <p>View dates & register at our website: www.miccsi.org/training/upcoming-events/</p> <p>Contact Amy for more details or information</p>	<p>Master trainer that is CCM certified and has vast experience in care management, care manager supervision and care manager training.</p> <p>Other trainers are experienced care managers, and care manager supervisors</p>	<ul style="list-style-type: none"> Certificates of Completion Nurses: Ohio Nursing Association CCM Nurses: Commission for Case Manager Certification Social Workers: Michigan Social Work Continuing Education Medical Assistants: Registered or certified medical assistants can submit a copy of the agenda and certificate of completion to certifying body. 	<ul style="list-style-type: none"> This continuing nursing education activity was approved for a total of 13.5 contact hours by the Ohio Nurses Association, an approver of continuing nursing education This program has been approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers (CCMs). The course is approved for 14 contact hours. This course is approved by the Michigan Social Work Continuing Education Collaborative. The course is approved for 13 contact hours. Course Approval No.: 032017-03 	West Michigan; will travel to other locations if at least 15 attendees	<p>*Variable: Member/Non-member organization rates based on Mi-CCSI membership.</p> <p>SIM CC and CM Participants who have not previously been trained – SIM PCMH Initiative will cover the cost of the course. [see details 2018 SIM Participation Guide]</p> <p>More information may be found at: www.miccsi.org/training/upcoming-events/ or call Amy Wales at 616-551-0795 ext. 11 for more details.</p>

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<p>Care Coordination and Care Management Training (Self-Management), Practice Transformation Institute, http://www.transformcoach.org/care-manager-training/ Contact: Yang Yang email: yyang@transformcoach.org Phone: 248-475-4839</p>	<p>Topics include:</p> <ul style="list-style-type: none"> • Introduction to Care Management Principles • Chronic Care Model, Self-Management Background and Goals • Motivation Interviewing to Enhance Self-Management Support • Goal Setting, Problem Solving, Decision Making • Communication and Team Building • Health Coaching/Counseling with Self-Management Support • Flinders Self-Management Model • Care Coordination and Transitions Management • Integrating a Care Management Team into a Practice • Evidence-Based Guidelines Across the Life Span • Health Literacy, Cultural Competency, End of Life Care • PCMH and PCMH-N • Case Studies and Discussion 	<p>Practice Transformation Institute is offering training designed to educate interprofessional care team members with a knowledge base and skill set to enable high quality chronic disease care. Whether you're new to the job or simply want to boost your expertise as a valued member of the health care team, this training is for you.</p>	<p>Participant Guide Prereading, assignments, various resources/tools to enhance care manager delivery</p>	<p>The training will be a blend of eight (8) on-demand courses and two (2) onsite training days. All on-demand courses must be completed two weeks after onsite training.</p>	<p>On-demand courses has 8 sessions and 2 days of onsite training.</p>	<p>Country Creek Medical Building, Large Conference Room 4986 North Adams Road, Rochester, MI. PTI can bring this workshop to your location.</p>	<p>This workshop is offered multiple times a year. Please contact Yang Yang for more information. yyang@transformcoach.org or 248-475-4839</p>	<p>Students will have the opportunity to learn from many instructors with different backgrounds.</p>	<p>NURSES. This continuing nursing education activity was approved by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation. Contact hours awarded: 12.5 DIETITIANS. Practice Transformation Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 12.5 Continuing Professional Education Units (CPEUs) for completion of these activities/materials. SOCIAL WORKERS. This course is approved by the Michigan Social Work Continuing Education Collaborative for 12.5 CE Hours-- Approval #122117-01. The Collaborative is the approving body of the Michigan Board of Social Work. OTHER PROFESSIONALS. Practice Transformation Institute is authorized by IACET to offer 2.0 CEUs for this program.</p>	<p>Statewide</p>	<p>*Variable: SIM CC and CM Participants who have not previously been trained – SIM PCMH Initiative will cover the cost of the course. (see details 2018 SIM Participation Guide) \$ 500</p>	

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<p><i>Care Management 101: Self-Management Training</i> Contact: Dr. Lynn M. Klima DNP, RN, ANP/FNP, BC Email: LKlima0514@gmail.com; Phone: 734-218-3254 Check for upcoming dates: https://attendeegotraining.com/8f8h3/catalog/4705088810865929984</p>	<p>Care Management 101 is a comprehensive series for care managers and PCMH medical home team members who want to incorporate self-management support in their medical home functions.</p> <p>Attendees learn interventions that support both complex and moderately complex patients throughout their continuum of health and illness.</p> <p>Attendees learn the detailed interventions that assist patients in creating an effective shared care plan.</p> <p>This training is provided by experienced care managers who can assist you with the practical application of SM and MI tools in your current practice.</p>	<p>The curriculum includes: Chronic Care Management—preparing patients along the continuum of illness Identifying patients who will benefit from Care Management</p> <p>Understanding barriers that limit the patient's ability to participate</p> <p>Assessing the determinants of health and their impact on patient engagement.</p> <p>Patient Engagement/Motivational Interviewing--- moving from non-adherence to participation</p> <p>Helping patients navigate health care transitions</p> <p>Assessing Health Literacy and Cultural Competency Developing an individualized patient action plan utilizing the 5 A's process.</p> <p>Care Mapping to standardize your workflow and maximize your time</p>	<p>Toolkit Reference materials Care Maps 1:1 coaching Lunch and Learn sessions post training are offered.</p> <p>Following training, each attendee is offered consultation sessions to support skill building around the five-step process and integration of self-management into practice.</p>	<p>Blended sessions include 8 - 10 hours Face-to-face instructor/student sessions, Live webinars and self-study on line modules.</p> <p>Participants complete a combination of training hours through a blend of self-paced learning modules and interactive face-to-face capstone sessions that incorporate case studies of common patient types into the 5 step CM process.</p>	<p>Total hours to complete program: 12 hours.</p>	<p>On site by request, generally the Ann Arbor area.</p>	<p>Bi-monthly</p>	<p>Provided by seasoned care managers (NP, RN, CDE, MSW) trained by Geisinger Health</p>	<p>Yes, at program completion</p>	<p>Approved for 10 continuing education hours for Michigan Nurse relicensure</p>	<p>Both</p>	<p>450 per person; contact Lynn Klima</p>

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Integrated Health Partners Self-Management Support Training Contact: Emily Moe; e-mail: moee@integratedhealthpartners.net Phone: 269-425-7138	This 12-hour training includes an intensive overview of the theory, principles and skills of the chronic care model, motivational interviewing, and brief action planning. Participant's competency will be evaluated by the trainer using an MI coding tool, brief action planning algorithm and trainer feedback.	<ol style="list-style-type: none"> 1. Participant will describe the components of the Chronic Care Model 2. Participant will describe/demonstrate the spirit/style and key principles of motivational interviewing 3. Participant will demonstrate use of basic MI skills 4. Participant will effectively identify change talk 5. Participant will demonstrate effective ways of dealing with resistance 6. Participant will demonstrate giving education/advice in the spirit of MI 7. Participant will demonstrate use of principles for brief action planning 	Learning activities include demonstrations, video examples, case studies, role plays and significant participant practice with feedback from the trainer.	Face-to-face	Total 12 hours of face-to-face training; will accommodate length of modules from 2 hours to 12 hours	Integrated Health Partners or at site as requested if sufficient participants	12 sessions currently scheduled for 2018; open enrollment; course will be held with enough participants enrolled	<ol style="list-style-type: none"> 1. Certified Health Coach with day-to-day experience using Motivational Interviewing; 2. MBA with 20 years of experience facilitating training. Both trainers to be MINT trained in May 2018	Certificate of completion; will apply for continuing education credits	Will apply for continuing education credits	Both	* Variable Free for IHP members; \$350 per participant for on-site at IHP office; at requested off-site to be negotiated SIM CC and CM Participants who have not previously been trained – SIM PCMH Initiative will cover the cost of the course. (see details 2018 SIM Participation Guide)