

Michigan Care Management Resource Center Approved Self Management Training Programs

Self Management Program Title, Contact	Workshop Objectives	Content outline	Resources/tools	Modality (face to face, webinar, etc.)	For Each workshop: Duration & frequency if series of training sessions	Location	Frequency workshop is offered per year	Trainer qualification	Certification/Ces	CES	Statewide or Regional	Cost per participant
<p><i>Care Management 101: Self-Management Training for Primary and Specialty Care Offices</i> Contact: Lynn M. Klima MSN, RN, FNP, BC Email: LKlima0514@gmail.com; Phone: 734-218-3254 http://www.cure-michigan.com/ Registration Link: https://attendee.gototraining.com/8f8h3/catalog/4705088810865929984?tz=America/New_York</p>	<p>Analyzes population health indicators in community of origin</p> <ul style="list-style-type: none"> Articulates the connection of Care Managers and Self-Management to the patient centered medical home. Demonstrates an understanding of the role of the HCM, and MCM roles embedded in a practice. Applies the 5 step CM process and how it applies to common chronic conditions in the primary care and specialty setting. Verbalizes how to obtain appropriate patients for screening into caseload based on risk factors. Identifies CORE care management functions that are used in primary and specialty care. Demonstrates foundational skills utilized with motivational interviewing to assist patients with behavior change. Demonstrates assessment skills to determine patient readiness for behavior change. Identifies barriers to self-management through the application of advanced assessment strategies/tools available for primary and specialty care. Identifies key components to care mapping. Develops care maps to support short and long term interventions that facilitate patient engagement and cost-effective care. 	<p>The chronic illness experience and promoting quality of life-empowering the patient. An overview of the chronic care model and PCMH requirements that include care management. The 5 step care management process- how does this work in the office setting? Identification of appropriate patients for a caseload using evidence-based care guidelines- hitting the sweet spot.</p> <p>Self- Management Support and the care manager role:</p> <ul style="list-style-type: none"> Collaborative goal setting Developing the patient care plan with active goals Assessing common barriers to patient adherence Motivational interviewing to support adherence to treatment <p>The Care Mapping Process: Standardizing your work to achieve optimal clinical success.</p>	<p>Toolkit Reference materials Care Maps 1:1 coaching Lunch and Learn sessions post training are offered.</p>	<p>Blended sessions include 8 - 10 hours Inperson direct instructor/student component, Live webinar, Self-study on line modules.</p>	<p>Total hours to complete program: 12 hours.</p>	<p>On site by request, generally the Ann Arbor area.</p>	<p>Offered Monthly; individualized training dates available by request. Next session is January 25, 2017 - here is the link: https://attendee.gototraining.com/8f8h3/catalog/4705088810865929984</p>	<p>Provided by seasoned care managers (NP, RN, CDE, MSW) trained by Geisinger Health</p>	<p>Yes, at program completion</p>	<p>Approved for 10 continuing education hours for Michigan Nurse relicensure</p>	<p>Both</p>	<p>450 per person; group discount available, contact Lynn Klima</p>

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<p>Michigan Center for Clinical Systems Improvement (MI-CCSI)</p> <p>Self-Management Training: Introduction of Team-Based Care & Optimizing the Impact of the Roles of the Care Managers & Care Coordinators</p> <p>Training dates, registration and more information at: https://www.miccsi.org/training/upcoming-events/</p> <p>Contact: Amy Wales at amy.wales@miccsi.org Phone: 616-551-0795 ext. 11</p>	<ul style="list-style-type: none"> Case Management Process based on nationally recognized standards as outlined in the Commission for Case Management and Case Management Society of America standards. Transitions of Care – Case study review & application of case management process Effective Inter-Professional Communication – Review, practice and discuss effective team communication strategies Introduction to Self Management & Motivational Interviewing – Provide understanding and practice of MI processes and skills, and discuss strategies for continued learning Effective Communication & Health Literacy – Review, provide awareness and discussion of effective patient communication Clinical Workflows – Provide an overview of workflow value and use pertaining to provider delivered care management. Care Manager Simulation Experience – Develop an awareness of strengths, opportunities, and identify continued growth/development needs Insurance Product Overview - Basic review of the varied insurance products available through payers and CMS. 	See Workshop Objectives	<ul style="list-style-type: none"> Care Manager Simulation Center Care Plan Examples CM Process Checklists Scripting Examples Billing/Coding Crosswalk Videos Interactive/hands-on activities/skills development Care Manager Manual & Toolkit 	In person, live webinar, and self-study online modules	22 Hours (including self-study and on-site training)	Grand Rapids or other statewide location with at least 10 attendees.	Offering monthly sessions in 2017. Additional dates & locations are available if at least 10 attendees. View dates & register at our website: www.miccsi.org/training/upcoming-events/ Contact Amy for more details or information	<p>Master trainer that is CCM certified and has vast experience in care management, care manager supervision and care manager training, well experienced care managers, care manager supervisors and MINT trained and associated motivational interviewing program</p>	<ul style="list-style-type: none"> Certificates of Completion Nurses: Michigan Board of Nursing CCM Nurses: Commission for Case Manager Certification Social Workers: Michigan Social Work Continuing Education Collaborative 	<ul style="list-style-type: none"> This continuing nursing education activity was approved for a total of 11.5 contact hours by the Michigan Nurses Association, an approver of continuing nursing education by the Michigan Board of Nursing. This program has been approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers (CCMs). The course is approved for 14 contact hours. This course is approved by the Michigan Social Work Continuing Education Collaborative. The course is approved for 14 contact hours. Course Approval No.: 012616-01 	West Michigan; will travel to other locations if at least 10 attendees	<p>State Innovation Model (SIM) participants: MI-CCSI is the only MICMRC approved self-management training program that receives funding from the State of Michigan for those attendees from a SIM PCMH participating practice. Each practice will be required to complete a SIM participation attestation form.</p> <p>Other participants: Rates are based on Member/Non-member organization affiliation. More information may be found at: https://www.miccsi.org/training/upcoming-events/ or call Amy Wales at 616-551-0795 ext. 11 for more details.</p>
<p>Care Coordination & Care Management Training, Practice Transformation Institute</p> <p>Registration here: https://www.regonline.com/caremanagerfall2017</p> <p>Contact: Yang Yang email: yyang@transformcoach.org Phone: 248-475-4839</p>	<p>The below are topics covered in the workshop.</p> <ul style="list-style-type: none"> Introduction to Care Management Communication and Team Building Shared Decision Making Flinders Model Motivational Interviewing Health Coaching Health Literacy and Cultural Competency Evidence Based Guidelines Transitions in Care Working and Thriving in a Patient Centered Medical Home 	Practice Transformation Institute is offering classes designed to educate health care professionals in the specifics of primary care management. The purpose of the course is to provide health care team members with a general knowledge base and skill set for developing moderate care management processes to help provide care management and coordination to adult and pediatric patients with mild to moderate illness, with the ultimate goals being to control and minimize the risks associated with chronic conditions while helping prevent the development of chronic conditions in at-risk patients.	Participant Guide Prereading, assignments, various resources/tools to enhance care manager delivery	Moderate Care Manager training will be a blend of seven (7) ondemand courses and two (2) onsite training days. All 9 sessions must be completed to meet the requirement.	The workshop is just under 19 learning hours. On-Demand Course Features: Complete at a time that fits your schedule / Access and review course content from your computer, iPad, iPhone or Android device. On-demand course details will be sent via email after you register.	Country Creek Medical Building, Larger Conference Room 4986 North Adams Road, Rochester, MI. PTI can bring this workshop to your location.	This workshop is offered multiple times a year. Please contact Yang Yang for more information. yyang@transformcoach.org or 248-475-4839	Students will have the opportunity to learn from many instructors with different backgrounds. Instructors will have one or more of the following: PhD, RN, CCM, RN, MSW, MSN, PharmD	PTI awards 1.8 IACET credits	Nurses: Our workshops can help you meet the continuing education requirements for Michigan nurses. Email Carla at cirvin@transformcoach.org for more information.	Statewide	\$500

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Integrated Health Partners Self-Management Support Training Contact: Bethany Chester; e-mail: chesterb@integratedhealthpartners.net Phone: 269-425-7128 registration: http://www.integratedhealthpartners.net/events NOTE: this is a 2 part series. Participants must attend both session dates in order to receive credit.	This 8 hour training includes an intensive overview of the theory, principles and skills of motivational interviewing and brief action planning. Participant's competency will be evaluated by the trainer using an MI coding tool, brief action planning algorithm and trainer feedback.	<ol style="list-style-type: none"> 1. Participant will describe/demonstrate the spirit/style and key principles of motivational interviewing 2. Participant will demonstrate use of basic MI skills 3. Participant will effectively identify change talk 4. Participant will demonstrate effective ways to deal with resistance 5. Participant will demonstrate giving education/advice in the spirit of MI 6. Participant will demonstrate use of principles for brief action planning 	Learning activities include demonstrations, videotape examples, case studies, role plays and significant participant practice with feedback from the trainer.	Face-to-face	Total 8 hours of face-to-face training; will accommodate length of modules from 2 hours to 8 hours	Integrated Health Partners (Battle Creek) or at site as requested if sufficient participants	Open enrollment; course will be held with enough participants enrolled	MINT trained registered nurse with significant experience in care management	Certificate of completion; will apply for CME	Will apply for CME	Both	Cost of program: Free for IHP members; \$350 per participant for on-site at IHP office; at requested off-site to be negotiated