



Advance Care Planning
Planning in Advance for Future
Health Care Choices

Objectives

By the end of this webinar you will have knowledge of:

- The purpose and key components of Advance Care Planning (ACP)
- Standardized language of an ACP facilitator
- Advance directives in Michigan

Outline

- Definition of Advance Care Planning
- Definition of Advance Directives
- Types of Advance Directives
- Michigan law for a valid document
- Advance Care Planning Facilitator Skills
- Four Reflective Questions to obtain Must Have Information
- Choosing a Patient Advocate

Definition

- Advance Care Planning facilitates discussion for a time when a person may not be able to make their own medical decisions because of an injury or illness. Effective planning is the best way to ensure that their views are respected by loved ones and their health care providers.

Definition

- Advance Directive is a written document specifying future medical care and/or designating another person to make medical care decisions.

Types of Advance Directives

- Durable Power of Attorney for Health Care
- Living Will

Durable Power of Attorney for Health Care

- Durable Power of Attorney for Health Care, also known as a Patient Advocate Designation, is a document designating another person to make medical treatment decisions.

Michigan Law

Michigan law requires:

- Two physicians examine and declare the lack of decision-making capacity
- Designate a Patient Advocate and an alternate Patient Advocate is optional
- Only one person can act as patient advocate at any given time
- Patient Advocate must sign the form

Valid DPOA for HC

- Declaration must be in writing, signed and witnessed by 2 adults.
- Restrictions on who can witness.
- Patient Advocate must sign an acceptance.
- Notary not required.

Michigan Documents

- Michigan Health & Hospital Association (MHA)
- Five Wishes
<http://www.agingwithdignity.org/forms/5wishes.pdf>
- Local hospital
- Attorney-prepared
- Internet – be careful

ACP Facilitator Interview Skills

- Standardized open-ended questions
- Active listening
- Facilitator should speak less than patient
- Be present (you are the calm presence in the room)
- Write down questions for physician

Reflective Questions

- What medical care do you want if you suffer a severe brain injury and are unlikely to recover?
- How do your religious, cultural and personal values influence your decision?
- What does ‘quality of life’ mean to you?
- Who will make medical decisions for you?

Choosing a Patient Advocate

Should be someone your patient can...

- Discuss values and goals with
- Accepts this responsibility willingly
- Able to follow their wishes, even if they disagree
- Able to make decisions in stressful situations

Discussion vs. Document

A crucial discussion is more important...

- between patient and patient advocate
- between patient and/or patient advocate and physician(s)
- between patient and family

Question & Answer

ACP Preparation

- Physician engagement
- Policy and procedure
- Investment of resources
- Storage and retrieval of advance directives

Contact Information

- Advance Care Planning
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MiPCT Resources

- **Michigan Physician Guide to End of Life Care**
- **http://www.michigan.gov/documents/mdch/EOL_COMPLETE_317766_7.pdf**
- Created to help physicians, patients, and families deal more effectively with death and dying.
- The booklet topics include: Communication, ACP, Pain and Symptom Management, Palliative Care, Withdrawing Treatment, Hospice, and Emotional/Spiritual Support.



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