

Health Care Courses and Resources - Foundational Education for Physician Office Team Members v4

Purpose: The MICMT team has gathered a list of Foundational courses and resources which may be useful for Physician Organizations to consider for Physician Office team members who seek additional training. If you have recommendations for resources and/or courses, please submit information to micmt-requests@med.umich.edu

Title	Web Link	Topic	Modality	Duration	Cost
Courses					
Iowa Chronic Care Consortium: Clinical Health Coach Training	https://clinicalhealthcoach.com/	Health Behavior Change	Training Online. Also offer two-day onsite intensive training.	Six to twelve weeks	See website for tuition fee details
Health Sciences Institute CCP Certified Health Coach Program	https://healthsciences.org/Chronic-Care-Professional-Certification	Chronic Care Professional Certified Health Coaching Program	Curriculum includes manual, online learning activities, skill building practice, presentations, and learning collaborative.	Four to six months.	Certificate is offered with tuition fee. See website for tuition fee details
Health Sciences Institute CCP Certified Health Coach	https://healthsciences.org/Chronic-Care-Professional-Certification	CCP 5.0 Manual for above program	CCP Certification Manual	n/a	Can be purchased by a practice for use as self-study by team members
Michigan Community Health Worker Alliance (MiCHWA)	http://www.michwa.org/chw-training/	CHW training program: offers a core competency curriculum	126 Training Hours (in-class sessions, homework, exams, independent study) + 40 Internship Hours (if not currently employed as a CHW)	see website for details	See website for tuition fee details
MDHHS Personal Action Toward Health (PATH): Living Healthy in Michigan:	https://mihealthyprograms.org/programs-path	Help participants become better self-managers. Laypersons, family, caregivers encouraged to attend.	In person	Workshop meets for 6 weeks, in 2 1/2 hour sessions each week. (note: introduction videos- Two 5 minute videos on the website, one for providers and one for consumers).	See website for details.
Resources					
PCMH at Munson Family Health	http://www.youtube.com/watch?time_continue=63&v=BINyIXQBykU	Introduction to PCMH	Video	3 minutes	n/a

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Care Management in the Patient Centered Medical Home	https://micmrc.org/sites/default/files/CM_PCMH_Self%20Study%20Edit%20edv1_0.pdf	Primary Care Population Health Strategies R. Ramsey slide on Care Management Continuum in particular	Online Module	25 - 30 minutes Included in MICMT CCM Course self-study	n/a
AHRQ: Care Management: Implications for Medical Practice, Health Policy, and Health Services Research	https://www.ahrq.gov/professionals/prevention-chronic-care/improve/coordination/caremanagement/index.html	Care Management	Issue Brief	Reading time for 10 pages is approximately 20 minutes (2 minutes per page)	n/a
Care Team MA Orientation and Role Overview	http://www.improvingprimarycare.org/sites/default/files/topics/MA-Step5-Sebastopol-Care%20Team%20Medical%20Assistant%20Training%20Curriculum.pdf	Enhanced role of the MA	PowerPoint	Slide deck has 176 slides but could be edited down	n/a
Health Coaching in the Medical Home: Lessons from Early Adoptors	https://clinicalhealthcoach.com/wp-content/uploads/2017/09/Health-Coaching-in-the-Medical-Home-March-2015.pdf	Health coaching as it supports the new models of healthcare	Article	30 minutes to read 13 pages	n/a
Patient-Centered Primary Care Collaborative	https://www.pcpcc.org/webinar/exploring-peer-support-ambulatory-care-lessons-field	Shared Principles of Primary Care-Webinar "Exploring Peer Support - Lessons from the Field"	webinar	60 minutes	n/a
Bellin Health Team-Based Care	https://www.youtube.com/watch?v=zEYrxavdHnM	Care Team Model	Video	7 minutes	n/a
Bellin Health Team-Based Care	https://micmrc.org/system/files/BELLIN%20teambased-1_0.pdf	Describes Team based care	Article	5 pages	n/a

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Effective team-based primary care	https://bmcfampract.biomedcentral.com/track/pdf/10.1186/s12875-017-0590-8?site=bmcfampract.biomedcentral.com	Study of 30 primary care practices viewed as innovators in team-based care	Article	20 minutes to read 9 pages	n/a
Introduction to Social Determinants of Health	https://micmrc.org/training/introduction-to-social-determinants-of-health	Social Determinants of Health	eLearning module	Approximately 20 minutes	n/a
The Patient-Centered Medical Home: History, Components, and Review of the Evidence	https://micmrc.org/sites/default/files/Arend_et_al-2012-Mount_Sinai_Journal_of_Medicine_-_A_Journal_of_Translational_and_Personalized....pdf	Patient-Centered Medical Home	Article	Approximately 20 minutes	n/a
Primary Care Team Guide: The Lay Person	http://www.improvingprimarycare.org/team/lay-person#	Role of the Lay Person	Online learning module with resources	Varies, depending on which resources are accessed	n/a
Institute for Healthcare Improvement: the Music of Coordinated Care	http://www.ihl.org/education/IHIOpenSchool/resources/Pages/Activities/MusicOfCoordinatedCare.aspx	Example of coordinated care across the continuum	Video	4 minutes	n/a