

(Insert Practice Logo/address)

(Insert Photo of Care Manager)

(Insert Name of Practice)

## Care Management

Your doctor would like you to work with \_\_\_\_\_(insert care manager Name) a Care Manager, to assist with your health.

\_\_\_\_\_(insert care manager name), care manager can be reached at\_\_\_\_\_. Please tell the person answering that you would like to speak to \_\_\_\_\_(insert care manager name)

The care manager is a \_\_\_\_\_ (Insert as appropriate - a Nurse, NP, PA Registered Dietitian, Social Worker, Pharmacist, ) who works with your doctor as a team member. The care manager helps you learn about the ways to take care of yourself so you can have the best health possible. They do this by:

- Calling you or seeing you at the doctor's office to check on how you are doing and answer any questions you may have.
- Helping you with your medications. They may answer questions, such as how often your medicines should be taken, or adjust your medication levels if you are having side effects.
- Calling you after you get home from the hospital to see how you are doing.
- Finding you additional help if you need it, answering any questions you have, and finding help if you are having trouble paying for your medicine.
- Helping you learn about your health problem and what you can do to feel better.
- Managing your care with other team members - such as \_\_\_\_\_ (Insert as appropriate: Registered Dietitian, Social Worker, Pharmacist\_) - who can also help you achieve better health.