

Our practice has no absolute age cutoff, and we individualize plans for transition.

Guidelines for our youth and young adults

We would like to be your medical home until you establish care with a medical home for adults. We will continue to see established patients until they secure adult care. We do not accept new patients aged 18 years or older. It is best for them to establish care with a practice for adults. To be an established patient, you need to be seen in the office every three years or more often.

We will continue to be the medical home for youth and young adults who attend college either in mid-Michigan or away from home. We realize many schools provide health care for acute problems, but may not be equipped to manage chronic conditions (like asthma or ADHD) or provide health maintenance visits. Scheduling office visits during school breaks will take extra effort on the part of the student and family. We will work with you as much as we can.



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Young Adult Transition Guide

*“Transition is a process,
not an event.”*



Transition from Pediatric Care to Adult Care



At MSU Child Health Care, the care of our patients is priority. The transition from pediatric health services to adult health services is an important part of providing comprehensive care to the young adult.

What to Expect

Most youth who come to us for health care will make the transition to a medical practice that cares for adults (i.e. Family Medicine or Internal Medicine) sometime between 18 and 22 years of age.

Young people with special health care needs may need additional assistance in making the transition to care for adults. We recommend starting to plan for transition when the young person is 14 years old.

We will also be asking young adults or their caregivers to fill out a Health Care Worksheet to help determine what skills can be performed independently and what skills continue to need assistance. The checklist highlights potential changes as a young adult transitions to adulthood such as insurance, living arrangements, employment, and continued schooling. We will be happy to answer any questions that may arise from completing this checklist. We also encourage you to meet personally with Susan Refior, our social worker, **517.353.8505** to discuss any concerns or questions you may have.

Our Goal

Young adults will make the transition from pediatric to adult care at their own pace and depending on individual circumstances. Our goal at MSU Child Health Care is to help our patients and their families to continue to receive the very best in healthcare. We wish to provide information, communication and services that promote the most comfortable and productive transition toward this care possible.

Please visit “gottransition.org” for helpful information related to transition.

