

MDHHS Primary Care and Public Health Materials Order Form

Name _____ Title _____

E-mail _____ Phone Number _____









Organization _____

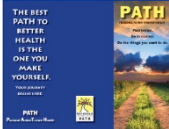








Street Address _____









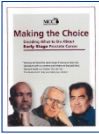

City _____ State _____ Zip _____

Plan for Distribution: _____

Instructions: Please note the desired number of copies (up to 100) in front of each item being ordered. It may be possible to accommodate larger requests for some items. Contact Amber Matthews for details (phone: 517-335-7992, e-mail: MatthewsA5@michigan.gov).

How many?	Item Name and Description	Click to see larger image
Hypertension		
	Blood Pressure Tracking Card <i>3 x 6" foldable card with space to record medications, blood pressure, weight, lipid profile, and other tests</i>	Front:  Back: 
	DASH Eating Plan: DASH to Good Health <i>8 x 11" tri-fold brochure</i>	Front: 
	Less Salt. Better Health. <i>4 x 7" salt shaker-shaped, tri-fold brochure</i>	
	You Can Control Your High Blood Pressure <i>2.5 x 8" bookmark</i>	Front:  Back: 
Healthy Living, Exercise, and Self-Management Support Groups		
	Daily Plan for a Healthier Tomorrow/Pledge to Live a Healthier Lifestyle (provides education and web link to take the MI Healthier Tomorrow pledge to receive a free healthy lifestyle kit by mail and subscribe for free healthy lifestyle support texts and emails) <i>5 x 8" two-sided card</i>	Front:  Back: 

How Many?	Item Name and Description	Click to See Larger Image
	<p>Michigan PATH (6-week, peer-led, self-management workshop for persons with chronic illness) <i>Tri-fold brochure</i></p>	<p>Front:  Back: </p>
	<p>Enhance Fitness (group exercise program for adults of all fitness levels) <i>Tri-fold brochure</i></p>	<p>Front:  Back: </p>
Tobacco Cessation		
	<p>Michigan Tobacco Quitline Poster: <i>Two-sided 8 x 11" poster with tear-off phone numbers</i></p> <p>Side 1 (English): You Can Quit! We Can Help! Side 2 (Spanish): ¡Si, Se Puede Dejar de Fumar!</p>	<p>Side 1 (English):  Side 2 (Spanish): </p>
	<p>You Can Quit cards <i>3 x 5" business cards with toll-free Michigan Tobacco Quitline phone number</i></p> <p>Quit/Stop Smoking Posters (8 x 11" posters):</p> <ol style="list-style-type: none"> I'm not recovering from a bipolar disorder to die from emphysema. I had to quit smoking. I'm not recovering from depression & anxiety only to die of lung cancer. I had to quit smoking. I didn't survive depression and suicide attempts only to die from lung cancer. I had to stop smoking. I didn't recover from prescription medication dependence so I could die from heart disease. I had to stop smoking. 	<p>Front:  Back: </p> 

How Many?	Item Name and Description	Click to See Larger Image
Cancer		
	A Parent's Guide to Preventing Cancer Through HPV Vaccination <i>3.5 x 8" tri-fold brochure</i>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Front:</p>  </div> <div style="text-align: center;"> <p>Back:</p>  </div> </div>
	Breast and Cervical Cancer Screening <i>3.5 x 8" tri-fold brochure</i>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Front:</p>  </div> <div style="text-align: center;"> <p>Back:</p>  </div> </div>
	Colorectal Cancer Screening Saves Lives (English) <i>3.5 x 8" tri-fold brochure</i>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Front:</p>  </div> <div style="text-align: center;"> <p>Back:</p>  </div> </div>
	Las Pruebas de Detección de Cáncer Colorrectal Salvan Vidas (Spanish) <i>3.5 x 8" tri-fold brochure</i>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Front:</p>  </div> <div style="text-align: center;"> <p>Back:</p>  </div> </div>
	Making the Choice: Deciding What to Do About Early Stage Prostate Cancer <i>8 x 11" 30-page booklet</i>	<div style="text-align: center;">  </div>
HIV		
	I Will Survive HIV: Free HIV Resources and Medications <i>3.5 x 8" tri-fold brochure</i>	<div style="text-align: center;">  </div>

Please **SAVE** your completed form and then send it via e-mail or fax to:

Amber Matthews
e-mail: MatthewsA5@michigan.gov
fax: 517-335-9461

Thank you.