

Lansky play-performance scale for pediatric patients

This scale may be used with children age 1-16 who have any type of malignancy. It may be used for both inpatients & outpatients, and for patients undergoing active treatment as well as long-term follow-up. It is rated by parents based on their child's activity over the past week. Parents fill out the assessment based on the directions on the form, and the form is readministered over time to assess for changes in performance status.

An excerpt of the relevant directions for parents is as follows:

"Think about your child's play and activity over the past week. Think about both good days and bad days. Average out this period. Now read the descriptions and pick the one that best describes your child's play during the past week."

Rating	Description
100	fully active, normal
90	minor restrictions with strenuous physical activity
80	active, but gets tired more quickly
70	both greater restriction of, and less time spent in, active play
60	up and around, but minimal active play; keeps busy with quieter activities
50	lying around much of the day, but gets dressed; no active play; participates in all quiet play and activities
40	mostly in bed; participates in quiet activities
30	stuck in bed; needs help even for quiet play
20	often sleeping; play is entirely limited to very passive activities
10	does not play nor get out of bed
0	unresponsive