

Care Manager

<Name Here>



<Practice Name Here>



“My Name is _____ and I am a Care Manager with Michigan Health Systems. My focus is to help individuals manage their chronic conditions by building personal relationships and helping to support their goals”

Helping you manage your health care needs

_____ is a care manager in _____ who works closely with your primary care physician. Your physician has requested that you talk with _____ about your health care needs.

A care manager helps your physician manage care for their patients facing complex illnesses such as diabetes, heart disease, COPD and high blood pressure. They help patients establish goals that can lead to an improvement in their health and quality of life. This may be achieved by:

- Reviewing your health information**
- Providing education on your specific health issues**
- Helping you create personalized goals**
- Connecting you with available community resources, such as help with prescriptions, transportation or insurance**
- Helping you understand the medications you are taking which includes how often you should be taking them, purpose of the medications**

<Organization Name>

<Address>

<Phone>